

Subject Line: Baseline Concussion Assessments



Hi there,

You've probably heard about the risks of concussion with hockey and how managing a concussion can be the difference between recovery or suffering from prolonged complications.

This year, the RMMHA reached out to us to see if we could help them manage concussions at practice and in games for safe return to play that are approved by Hockey Canada.

While there's an inherent risk for concussion in any sport, hockey is widely recognized as one with a higher incidence rate. Hockey doesn't have a concussion problem, but when one happens, it's important to take action *before* a concussion occurs to set your child up for a smooth return to play.

We do this by putting athletes through an assessment involving memory, reaction time, balance, and vision to establish a baseline. Every child is unique, and every baseline will be different, so establishing a normal is important to us to know what's wrong when a player has a suspected concussion.

Being informed about concussion and how to deal with it gives you the best chance to make the right decisions for your child's health, which is why we recorded an [information session](#) with more information about concussions, [Baseline Concussion Assessments](#), and why it's important to manage a concussion correctly.

The association has made baseline assessments optional this year, but we strongly recommend it because it's much easier to treat and correct concussion problems when we know what an athlete's '*normal*' is.

What should I do if I want my child to do a CCMI (Complete Concussion Management Inc.) baseline assessment?

If your child completed a CCMI baseline within the year, it's valid for the season. Baselines expire one year after the date it was received.

If your child has done a CCMI baseline assessment, but outside of a year, please email us to confirm your CCMI registration number and to schedule an appointment.

If you're new to the process, but want to get started before the information session, please follow the steps below so we can help you out.

If your child is currently suffering from concussion symptoms, please call us to schedule a free phone consultation with one of our practitioners. The practitioner must clear them before they can have a baseline if they are experiencing concussion symptoms.

Step 1

Download the CCMI Concussion Tracker App on your phone. The Concussion Tracker app is free to everyone and is currently available in the Apple App Store and Google Play. To learn more, click [here](#).

Step 2

Email us at info@kinectiv.ca to let us know you're interested in a baseline concussion assessment. In this email, please provide your child's full name and the best phone number and email to put on their file in this email. We'll email you our online, fillable Concussion Intake Form for you to complete. On this form, you must enter your child's CCMI registration number that you'll get from Step 3.

Step 3

Register your child at Complete Concussion Management Inc. (CCMI). Please click the link below to go to the registration page. <https://network.completeconcussions.com/register>

If you're registering multiple children, you may decide to register them under the parent/guardian account, so you'll have one login. If you do not wish to have one login for all children, please register each child individually under the personal account.

*Please note: you *cannot* use the same email twice when registering, this may affect your decision about whether to create a parent/guardian account or personal account.

Once you have completed the registration process, CCMI will provide you with a 16-digit account number. We need this number to book your child for Concussion Baseline Assessment, so please save this number!

Step 4

Please email us at info@kinectiv.ca to let us know you have completed Step 2 and 3. Once we've verified your CCMI registration, we'll call you to schedule the Baseline Concussion Assessment on one of the following dates:

- Wednesday, August 18th, 2021
- Friday, August 20th, 2021
- Sunday, August 22, 2021
- Monday, August 23, 2021
- Tuesday, August 24, 2021
- Wednesday, August 25, 2021

CCMI Baseline Concussion Assessment Cost

Team CCMI Baseline Concussion Assessment \$94.80

*If scheduling on a team day mentioned above

BONUS!

This year, we've added neurotechnology to our practice and partnered with the Surrey Neuroplasticity Clinic specializing in brain injury treatment. We're offering NeuroCatch brain scans in conjunction with CCMI baseline assessment. Brain scan days will be on Thursday, August 27, 2021, and August 30, 2021, and the scan will be at an additional cost of \$65 to the baseline assessment.

What is a NeuroCatch brain scan?

A non-invasive, 6-minute brain scan that allows us to see your child's brain function which can also be vital in treating concussions. If you're interested in having your child's brain scanned please call us to schedule.

If you'd like to know more about NeuroCatch, please see our [NeuroCatch Video](#) and [NeuroCatch Information Sheet](#).

Thank you,

Kinectiv Sport + Health

604-465-4263

info@kinectiv.ca

www.kinectiv.ca

200-20395 Lougheed Hwy,
Maple Ridge, BC V2X 9Y1

📷 @teamkinectiv

📺 @kinectivsportandhealth

